



Dr. April Howard, Superintendent  
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Dear Parents,

A potential pandemic virus is now in the United States. Health officials are concerned that the Coronavirus may spread to several states. This would cause a widespread outbreak, called a pandemic. So even though there are no virus cases nearby, we want to remind you about some ways to protect your family from getting sick:

- ✓ Keep children who are sick at home. Don't send them to school.
- ✓ Teach your children to wash hands a lot with soap and water for 20 seconds. Be sure to set a good example by doing this yourself.
- ✓ Teach your children to cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Be sure to set a good example by doing this yourself.
- ✓ Teach your children to stay at least three feet away from people who are sick.
- ✓ People who are sick should stay home from work or school and avoid other people until they are better.

We will keep you informed if the situation changes. Please know that we are always in contact with the local board of health . If you have questions, please contact your school nurse, healthcare provider, or your local board of health or check the CDC website.

The federal government website with information on planning for individuals and families:  
<http://www.pandemicflu.gov>

The American Red Cross: <http://www.redcross.org>

Sincerely,

April Howard  
Superintendent